



abFab
HAIR & BEAUTY SPA



WELCOME TO ABFAB

Welcome to the world of Absolutely Fabulous!

AbFab must be thought of as your mini suburban Hair & Beauty Spa. Sourcing always and bringing to you the very best in hair and beauty treatments available today in the UK and Europe. Enjoy the AbFab experience which is happy, friendly and giving you the best service and attention possible.

Look Good, Feel Great ... Be Fabulous!

AbFab Opening Hours

Monday to Friday 9am – 9pm
Saturday & Sunday 9am – 6pm

110 Ayr Road Newton Mearns Glasgow

0141 616 4000 / 3666

Book Online

To book an appointment online please email:
info@ab-fab-beauty.co.uk

ABFAB HAIR & BEAUTY SPA

AbFab Spa Day

If you want to impress your special someone then look no further.

A Spa Day is the ultimate gift and includes the following:

An Aromatherapy Back, Neck & Shoulder Massage, Customised Facial, Eyebrow Shape, Eyelash Tint, Cut & Blow Dry, Pedicure and then break for a light lunch. Followed by Make-Up, glass of Chardonnay and Manicure.

Pure Pampering...

£175.00

Little Princess & Big Princess Parties

At AbFab we like to cater to your every occasion and have birthday/event parties in the salon to suit all. From our little princesses and their friends to our more mature princesses. Please enquire in salon how we can best pamper you and your friends on that special day.

Prices & Options on request

AbFab Gift Vouchers

A beautiful hand made gift voucher for that extra special gift.

Give one to the VIP in your life to mark that special occasion or birthday!

Note: If you live anywhere in the UK and you want a Gift Voucher to be sent to your special friend in Glasgow, please call us and you can pay by credit or debit card by telephone

Product Range available to purchase in salon includes

- MD Formulations Skincare
- Bare Escentuals ID Make-up
- Nioxin Hair Care
- GHD Straightening Irons
- Jessica Nail Treatments
- Fake Bake Tanning Products

Order and pay with credit card by phone and we will post to any address in UK next day delivery.

WELCOME
OPENING HOURS
SPA DAY PACKAGE
PRINCESS PARTIES
GIFT VOUCHERS
PRODUCT RANGE

Call 0141 616 4000



ABFAB HAIR - GENTS & CHILDREN

Gents *all prices from price stated*

Cut 'n' Blow Dry	£ 20.00
Cut & Style	£ 25.00
Foils including Cut	£ 55.00
Full Head Colour including Cut	£ 45.00

Children *full prices from age 16*

girls

Wash 'n' Cut (0-8)	£ 12.50
Wash 'n' Cut (9-15)	£ 19.00
Cut 'n' Blow Dry (0-15)	£ 22.50
Blow Dry (0-15)	£ 16.50
Hair Up (0-16)	£ 20.00
Creative Style	£ 30.00
T Bar Foils (0-16)	£ 50.00

boys

Wash 'n' Cut (0-8)	£ 12.50
Wash 'n' Cut (9-15)	£ 16.50
Colour 'n' Cut	£ 40.00

** Senior Citizen and Student Discount on Monday & Tuesday*

Ladies Colour *all prices from price stated*

Semi-permanent	£ 27.00
Semi & Hi Lites	£ 32.00
Root Regrowth	£ 30.00
Full Head Tint	£ 37.50
Full Head Tint & Hi Lites	£ 52.00
T Bar of Foils	£ 40.00
Half Head of Foils	£ 50.00
Full Head of Foils	£ 60.00
Corrective Colouring	<i>Price on Consultation</i>

Ladies Style *all prices from price stated*

Cut & Blow Dry	Stylist £ 32.50	Style Director £ 35.00	Creative Director £ 37.50
Blow Dry	Stylist £ 20.00	Style Director £ 23.50	Creative Director £ 25.00
Creative Styled & Up	Stylist £ 32.50	Style Director £ 35.00	Creative Director £ 40.00
Straighten	£ 15.00	GHD Curls from	£ 25.00
Wedding Hair	£ 40.00	Long Hair surcharge	£ 10.00
Perms	from £ 55.00	<i>Price on Consultation</i>	

Hair Extensions *Price on Consultation*

For the long hair you've always wanted!
Fabulous REAL hair extensions give you volume, length and AbFab style.
Book your consultation now!

HAIR: LADIES
HAIR: GENTS
HAIR: CHILDREN
HAIR EXTENSIONS

Call 0141 616 4000





ABFAB FACIALS

AbFab Skin Expertise

At AbFab we understand that every skin is different, this is why we offer the most advanced skin care treatments. We have a range of specialised treatments and products to optimise your skin's health. Our skin care specialist will tailor make a Skin Care Programme to suit your every need, incorporating in salon treatments and home care products to achieve beautiful, younger skin.

AbFab Skin Consultation

Bring along your products and our Skin Care Specialist will advise on home care and in salon treatments that can be added to your daily routine to correct any worries or problems you have with your skin.

This consultation is free of charge.

AbFab Luxury Spa Facial 1 hour 15mins £ 70.00

Relaxing back massage followed by an AbFab Prescription Facial tailor made to suit your skin.
Sheer bliss!

ABFAB FACIALS

ABFAB HAIR & BEAUTY SPA

AbFab Express Facial *30 minutes* £ 30.00

This facial is great for people in a hurry.
Come in on your lunch break and have your skin refreshed.

AbFab Gents Sports Facial *30 minutes* £ 35.00

Deep cleanse, facial scrub, extraction and mask.

AbFab Deep Cleansing Facial *45 minutes* £ 50.00

Includes deep cleansing products to slough away build up which blocks the pores.
Powerful anti-bacterial ingredients kill bacteria diminishing break outs and imperfections.
A relaxing but extremely effective facial for acne/problem skins.

AbFab Advanced Antioxidant
Hydrating Facial *45 minutes* £ 50.00

Designed for dehydrated, undernourished skin. Ideal for office workers or anyone working in
an atmosphere with lack of fresh air. Especially effective after holidays to rehydrate sun damaged
skin. Skin is hydrated 700% in 15 minutes leaving it plumped, supple & refreshed.

AbFab Illuminating Facial *45 minutes* £ 50.00

Lightens and brightens all skin types. Specialising in the treatment for pigmented, uneven skin
tone and acne scarring. Active ingredients mulberry calms melanocyte activity reducing the
pigmentation, while liquorice and Vitamin C lighten and brighten the skin.

AbFab Microdermabrasion Facial *45 minutes* £ 50.00

A skin resurfacing treatment that gently exfoliates the skin, while a vacuum suction removes dead
skin cells and impurities. Great for acne scarring. Also fantastic when combined with peels and
other advanced treatments. Guys love this facial.

LUXURY SPA FACIAL
MICRODERMABRASION
ABFAB FACIALS

Call 0141 616 4000



LOOK GOOD, FEEL GREAT ... BE FABULOUS!





ABFAB FACIALS - OMNILUX REVIVE

Skin rejuvenation in the 21st century.

Unique Red Light infuses the skin to counteract the effects of ageing and enhances and prolongs the effect of skin care products.

AbFab Omnilux Revive Facial

45 minutes £ 55.00

Recommended for those clients limited on time. This 'lunch time' facial will quickly enhance tone and texture while multiple treatments encourage long term results. The Omnilux will hydrate the skin by 600% in one session. Also the feel good hormone serotonin is increased by 70%. Collagen levels are boosted and circulation is increased. Great for skin with broken capillaries, wrinkles and dehydrated skin.

AbFab Omnilux Deluxe Facial

1 hour 15 mins £ 75.00

This extensive treatment incorporates the relaxing benefits of massage. It will stimulate the lymphatic system and induce deeper relaxation, reducing the stress levels within the body.

Look 10 years younger with Caci Quantum.

Independently voted the best non-surgical face lift. With just one treatment your skin shall feel tighter, look healthier and younger. Used by many celebrities and is now available to you with outstanding results.

AbFab Caci Face *1 hour*

£ 50.00

This treatment is completely safe and totally painless. It has over 20 years of medical research. The principle of the treatment is muscle re-education, lifting and toning the facial contours, reminding muscles of how they used to be. The treatment also affects the skin tissue, resulting in lines being softer and the skin tissue being refined. The skin takes on a wonderful glow and has a firmer more supple appearance.

• Course of 10 treatments

£450.00

AbFab Caci Eyes *30 minutes*

£ 30.00

AbFab Caci Body Cellulite *30 minutes*

£ 30.00

• Course of 10 treatments

£250.00

AbFab Caci Body Contouring *30 minutes*

£ 30.00

OMNILUX REVIVE
CACI QUANTUM

Call 0141 616 4000



ABFAB FACIALS - LIFTING - CHEMICAL PEELS

AbFab Seaweed Lifting Mask *1 hour*

£ 60.00

Specialised active ingredients work in sync with each other to create clearer, fresher, brighter skin. Hydrolyzed collagen instantly lifts and tones superficial facial contours.

Hexapeptides stimulate collagen production and prevents further collagen destruction. Relaxes expression lines and reduces wrinkle depth.

Potent Vitamin A repairs damaged tissue while potent Vitamin C lightens and brightens the skin. Great for all skin types.

AbFab 40% Glycolic Peel *45 mins*

£ 50.00

Glycolic Acid is used to promote deep natural exfoliation and refresh the skin. This is a fantastic treatment for lined, dull and acne skins. A free consultation is given prior to peels.

AbFab Alpha Beta Peel *45 mins*

£ 60.00

This type of peel utilises salicylic acid combined with glycolic to create a deeper exfoliation. This is ideal for acne, oily spot prone skins, age spots, pigmentation and ageing skin.

AbFab Chest or Back Peel £ 65.00

AbFab Eyelash Perm & Tint 1 hour £ 47.50

This is a superb treatment to 'open up' the eyes and definitely a must have before going on holiday.

AbFab eyebrow shape £ 11.50

AbFab eyelash tint £ 13.95

AbFab eyebrow tint £ 11.50

AbFab all 3 eye package £ 31.50

AbFab individual eyelashes & tint from £ 25.00

Cosmetic Procedures

• Botox • Dermal Fillers • Teeth Whitening

Available now in salon and by appointment only. Consultant - Jason Fisher

• Semi-permanent Make-up

Available now in salon and by appointment only. Consultant - Moya Wren

AbFab millia removal (*whitehead*) from £ 20.00

SEAWEED LIFTING MASK
CHEMICAL PEELS
BROWS AND LASHES
SEMI-PERMANENT
MAKEUP
TEETH WHITENING
DERMAL FILLERS
BOTOX

Call 0141 616 4000



HAIR REMOVAL - WAXING PHD - PULSAR IPL

PhD is a new waxing system, cleaner, quicker and more hygienic using a disposable applicator which touches only you and your skin.

Half Leg Wax	£ 19.95
Full Leg Wax	£ 27.95
3/4 Leg Wax	£ 25.00
Half Leg & Bikini or Underarm	£ 29.50
Half Leg, Bikini & Underarm or Full Leg & Bikini	£ 37.50
Full Leg, Bikini & Underarm	£ 47.50
Bikini or Underarm	£ 14.95
Brazilian	£ 22.50
Hollywood	£ 29.50
Eyebrow	£ 11.50
Forearm	£ 14.95
Full Arm	£ 18.95
Lip or Chin	£ 9.95
Lip & Chin	£ 14.95
Chest or Back Wax	£ 25.95

PULSAR IPL HAIR REMOVAL

Say goodbye to waxing with IPL (Intense Pulsed Light). For permanent hair reduction on Face, Underarms, Bikini and Legs.

Book in for an initial consultation.

HAIR REMOVAL - EPIL-PRO

ABFAB HAIR & BEAUTY SPA

Epil-Pro is a permanent Hair Removal System on the market today that can clear large or small areas in one sitting safely. It really is a virtually pain-free method of permanent epilation using safe sound energy to destroy the papillary cells. A series of treatments are needed for total destruction of the hair growth.

What makes Epil-Pro far superior to ANY form of electrolysis on the market today?

- Truly non-invasive and virtually pain-free
- No burning
- Large areas can be treated and cleared in one session
- Safe for diabetes and ethnic skin
- Treats smooth moles
- Varicose veins either present or stripped can be safely treated
- Slower re-growth
- Make-up can be applied within ten minutes after treatment
- Almost any area of the body can be treated

(face, arms, legs, underarms, bikini line and areas around the nipple)

Consultation & Trial	£ 20.00
30 minutes	£ 30.00
1 hour	£ 50.00
Course of 3 hours	£125.00
Minimum time 10 mins	£ 10.00

WAXING PHD
PULSAR IPL
EPIL-PRO

Call 0141 616 4000



LOOK GOOD, FEEL GREAT ... BE FABULOUS!



AbFab Swedish Massage

A massage that stimulates the circulation and the lymphatic system and generally promotes good health.

Back, Neck and Shoulder Massage	£ 35.00
Full Body Massage	£ 50.00
AbFab Indian Head Massage	£ 45.00

Reflexology

Reflexology is a specialised foot massage to help you relax whilst rebalancing the body. It works by activating the body's own healing powers and is based on the principle that there are reflexes on the feet and hands (also head and face) that are connected to or associated with every organ, gland and structure of the body.

Reflexology	£ 40.00
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Foot Health Practitioner

Bruce Wilson, our Foot Health Practitioner takes appointments every Saturday and can help you with any foot problems you may have including corns, calluses and ingrown toenails.

[Book now for a consultation](#)

AbFab Tanning Treatments

The secret to a great fake tan is to exfoliate the body paying particular attention to hands, feet and legs. In salon we have two extremely good exfoliators for you to choose from. Try to aim for three exfoliations in the days prior to tanning

AbFab Spray Tan

A spray on gorgeous tan that leaves you looking natural straight away

2 sprays	£ 45.00
1 spray	£ 27.50

AbFab Bronzing

Fake tan is applied after exfoliation by the therapist

Full Body	£ 45.00
Upper Body	£ 27.50
Legs	£ 25.00

AbFab Slimming Treatments

Universal Contour Wrap is a super detox treatment resulting in a good inch loss. Tightens and tones the skin beautifully.

Guaranteed 6 inch loss!!!

(10% off any treatments done at same time)

AbFab Slimming Wrap	1 wrap	£ 57.50
	3 wraps	£150.00

MASSAGE
REFLEXOLOGY
FOOT HEALTH
FAKE TANNING
CONTOUR WRAP

Call 0141 616 4000



MANICURE & PEDICURE

Nail Enhancements

Acrylic Extensions	£ 47.50
Acrylic Infills - <i>Gels or Acrylic</i>	£ 35.00
Acrylic/Hard Gel Soak Off - <i>Full Set from</i>	£ 30.00

BioSculpture Gel

vitamin based gel that encourages natural nail growth and health causing no damage to natural nail.

Gel Overlay <i>clear</i>	£ 31.95
French Gel Overlay	£ 40.00
Clear Gel Infill	£ 26.95
French Gel Infill	£ 31.95
Gel Soak Off	£ 25.00

Full Set Nail Art	£ 15.00
Nail Art <i>per nail</i>	£ 2.50
Nail Gems <i>per nail</i>	£ 2.50
Nail Fix <i>per nail</i>	£ 6.00

AbFab uses [Jessica](#) and [Essie](#) nail products

MANICURE & PEDICURE

ABFAB HAIR & BEAUTY SPA

Hands

Relaxing manicures designed to treat every nail by adding moisture and proteins to strengthen and cultivate beautiful nails.

AbFab Polish	£ 10.00
AbFab File and Polish	£ 15.00
AbFab French File and Polish	£ 17.50
AbFab Express Manicure	£ 22.50
AbFab Express French Manicure	£ 25.00
AbFab Manicure including heated mitts	£ 30.00
AbFab French Manicure	£ 32.50
AbFab Gents Manicure	£ 18.00
AbFab Princess Manicure - up to age 14	£ 15.00
AbFab Spa Manicure includes Paraffin Wax	£ 45.00
AbFab Rejuvenation Manicure <small>Anti-ageing, visible difference immediately</small>	£ 50.00

Feet

AbFab Polish	£ 10.00		
AbFab File & Polish	£ 20.00	AbFab File & French Polish	£ 22.50
Express Pedicure	£ 30.00	Express French Pedicure	£ 32.50
AbFab Pedicure	£ 40.00	AbFab French Pedicure	£ 42.50
AbFab Spa Pedicure			£ 55.00

A revitalising pedicure designed to soften hard skin, treat every nail type and ease away aches and pains. A relaxing massage followed by either a hot paraffin wax treatment or envelopment in heated bootees. Polish included.

ACRYLICS
GELS
MANICURES
PEDICURES

Call 0141 616 4000



LOOK GOOD, FEEL GREAT ... BE FABULOUS!



ABFAB WEDDINGS

Make your big day as stress free as possible by booking all your hair and beauty appointments under one roof.

Why not make the most of our free Wedding Planner Service and book in with our Beauty Manager who will tailor a Bridal Package suited to you.

AbFab Wedding Make-Up Trial and on The Day	£ 57.50
AbFab Wedding Hair Trial and on The Day	£ 80.00

Below is one of the Wedding Packages we can offer, or we can tailor make it to suit your requirements.

20% discount on tailor made Wedding Packages over £150.

Waxing – Full leg, Brazilian and Underarm

Eyes– Eyelash Tint, Eyebrow Shape and Eyebrow Tint

Spray Tan

Manicure and Pedicure

Back, Neck and Shoulder Massage

Prescriptive Facial

Package Price Total £195.00

Wedding Day Planner – To make the planning for your big day easier

- Hair Coloured & Styled
a must have to have your hair perfect on the big day
- Wedding Day Hair & Make-up Trial
will make sure you know what you are having done on the big day, taking the pressure off and allowing you to relax
- Facial Treatments
3-6 months prior to Wedding get your skin in the best condition possible creating a flawless finish for your photographs
- Body Treatments
Universal Contour Wraps to slim and detoxify. Making your skin softer, clearer and brighter
- Waxing
A must have pre-wedding and honeymoon
- Eye Treatments
Have your eyes defined with our eye package
- Manicure & Pedicure
Show off your ring with an elegant French Manicure
Have your feet pristine for wearing those flip flops
- Spray Tan
Give your skin a beautiful sun kissed look for your big day and also for your honeymoon

AbFab Make-up

I.D. Bare Escentuals is the first in mineral make-up that is 100% pure – nothing added

No oils, preservatives, fragrance, chemicals, talcs or dyes

So pure you can sleep in it and it won't congest your skin

Application 30 minutes	£ 30.00	Lesson 60 minutes	£ 50.00
Make-Up Trial and on Wedding Day			£ 57.50

WEDDING PACKAGES
WEDDING PLANNER
MAKE-UP

Call 0141 616 4000



LOOK GOOD, FEEL GREAT ... BE FABULOUS!





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